

WHAT TO BRING TO CAMP

Please bring:

- Pencil or pen and notebook
- Swimsuit (girls: modest one piece only, please)
- Beach towel
- Water shoes – must be worn in the lake to protect your feet
- Flip flops for the shower
- Water Bottle
- Snacks are permitted in the cabin. Please keep snacks in plastic storage bin.
- Backpack
- Twin size bedding or sleeping bag
- Your favorite pillow
- Sunscreen
- Insect repellent
- Hand Sanitizer
- Jeans for hiking
- Night clothes
- Rain gear
- Warm Jacket
- Laundry bag
- Sports equipment you will need for your specific camp
- Cell phones are ok but only for limited use such as coaching photos or videos.
Cell phones are not permitted in personal areas. Sorry, no bathroom selfies!
- A positive attitude. Afterall, you're at camp!

WHAT NOT TO BRING TO CAMP

Do not bring:

- Peanut or any tree nut products
- Firearms
- Tobacco products of any kind
- Alcohol
- Vaping items
- Radios or "boom boxes"